



April 10, 2020



# STUDENTS THANKING HEALTH CARE PROVIDERS & FIRST RESPONDERS

## Thank You Day Activities for Early Childhood

### 1. Have a Thank-o-Rama!

- Visit: <https://youtu.be/DAT8qix9gQs> and listen to the read-aloud of *The Thank You Book* by Mo Willems
- Have your own Thank-o-Rama! Make a list of people you want to thank and tell them why- Don't forget to include those people taking care of us: Family, teachers, Doctors, Policeman, Food Service Workers, Nurses, etc.
- Make a card or poster and mail it to them to say, "Thank you!" for all they are doing for us especially during the time we are out of school!

#### Additions/Extensions

- Learn How to Draw Piggie: <https://youtu.be/1G6bi3d7E80> and add Piggie to your card or poster
- You can also send an E-Card: take a picture or make a video and send it virtually to whomever you want to thank.

### 2. The Thank You Song Video Challenge

- Learn to sing the Thank You Song: <https://youtu.be/OcfqDPay7zc>
- Once you learn it make a recording of your performance and send it virtually to your family and friends, or to someone you know working in the hospitals right now to take care of people!

#### Additions/Extensions

- Add dance moves and costumes to your video
- Learn to sing the Thank You Song in another language

## Thank You Day Activities for Elementary Students

### 1. Thank You Earth

- Listen to the read-aloud book *Giving Thanks: A Native American Good Morning Message* by Chief Jake Swamp: <https://youtu.be/ggfVuY4LJuo>
- Write a Letter to the Earth – Tell the Earth three things you will do to show thanks to the planet. Submit your letter to your teacher. Your teacher will put them up on their teacher page!

### 2. Virtual Lunch Brunch

- Set up a video (Call, Zoom, FaceTime, etc.) lunch date with someone who you would like to thank (a friend, a teacher, a family member, etc.).
- Write a letter to them explaining how they have had a positive influence on you. Be sure to be specific what this person did for you and how it affected you.

## Thank You Day Activities for Elementary Students - continued

- While you virtually have lunch together, read the letter to them.  
Additions/Extensions
  - If you can't meet with them virtually, you can mail the actual letter to them instead.
  - Consider creating drawings and letters for police officers, firefighters, nurses and doctors...Maybe your teacher can help and collect a class full of these letters to send out...they need to know we are thankful for them right now. It will make them feel appreciated.

## Thank You Day Activities for Teens

### 1. Gratitude Journal

- Begin a gratitude journal and take 2 minutes to write in it before going to bed each night for the next 5 days.
- Write 5 things about that day for which you are grateful. Some days you will have some exciting things to write about. Other days it can be as simple as "I am so grateful that I wore socks today because it was cold."
- Reflect on this quote: **"It is not happy people who are thankful, it is thankful people who are happy."** - **Author** unknown. What does this mean to you? Write about it in your journal  
Additions/Extensions
  - You can also write about people you are thankful for. Write 5 reasons why you would thank them. Make them a [collage](#) that represents them or how you feel about them and send them a note listing the reasons. Make your artwork for a healthcare worker or first responder. Tweet it out!

### 2. Acts of Service

- Helping others is an often-overlooked way of saying thanks. Yet what you do for others can leave a lasting impression. Here are 5 fast and meaningful ways to offer thanks to others:
  1. Organize the kitchen cabinets and closets
  2. Take a video of yourself reading a book or reciting a poem and send it to those you wish to thank
  3. Help to clean or cook.
  4. Generate a list of all the ways you can help someone to thank them.
  5. Read to someone virtually – a younger sibling, friend or family member.

#### Additions/Extensions

- Generate a list of things that you can do right now to show others your gratitude. Share the list with your teacher. Your teacher will put them up on their teacher page!

## District-Wide Thank You Day Events – April 10, 2020

### 1. A Virtual Jar of Thanks

- Complete the sentence "I am thankful for..."
- In one sentence explain why.
- Send in your answer to your classroom teacher; Your teacher will pick the best answers and forward them to add to the [YPS Virtual Jar of Thanks](#) on the District Arts Webpage
- You can send it in in whatever form you'd like: video, picture, email, note, etc.
- Over the next week, all chosen answers will be posted to the YPS Virtual Jar of Thanks where you can also see what other students post

### 2. Thankful Scavenger Hunt

- Use the [Scavenger Hunt Checklist](#)
- Find things you are grateful on the list and snap a pic
- Send your favorite pics to your teacher.
- The best pics will be added to the [Online Thank You Gallery](#) on the District Arts Webpage – Remember to think about all the people out there you can thank!

